

TREATMENT PROCEDURE

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LIPOCOLL SERUM PRO

LIPOCOLL SERUM PRO

MANUAL treatment, recommended for all skin types, especially mature, dehydrated skin with visible signs of ageing, mimic and static wrinkles.

COURSE OF TREATMENT:

Phase I (cleaning the skin of makeup and other dirt)

1. Remove makeup from the face, eye area and lips with a pad soaked with **Larens Micellar Lotion**.
2. With moist hands spread the makeup removing **Larens Professional Repair+ Milk** on face, neck and decollete. With circular movements perform a massage, carefully dissolving the remains of makeup and dirt. Remove the milk with a wet cosmetic sheet.
3. For skin requiring the launch of the DETOX phase (intense cleanse, recommended for thick and greasy skin): with circular movements perform a massage of face, neck and decollete using **Larens Dermo Wash Face & Body**. Emulsify the gel into lightly foaming emulsion. Remove the gel with a wet cosmetic sheet.
4. Wipe the skin of the face, neck and decollete with a pad soaked with **Larens Professional Repair+ Toner**. Use a cosmetic sheet to dry the skin.

Phase II (increasing the epidermis permeability - the choice of options depends on the skin type and its needs)

Version 1

1. Use a brush to apply **Larens Professional Deep Peeling** on the skin of face, neck and decollete, leave it for 2-4 minutes. The scorching sensation that will occur is not a side effect, but a natural skin reaction. Rinse the product with a compress.
2. Apply **Larens Professional Neutralizer** on the treatment areas and leave it on for around 2 minutes. CAUTION! At this stage a larger redness and discomfort may occur. Remove the product with a compress and dry the skin with a cosmetic sheet.
3. Use **Larens Professional Biopeptide Spray**. Leave until dry.

Version 2

1. Use a brush to apply **Larens Professional AHA Face Peeling** on the skin of face, neck and decollete. Leave on skin for 2 minutes. Then, massage the skin deeply for approx. 2-3 minutes. An intense redness may occur - it's a natural reaction of the skin to AHA acids contained in the product.
2. Use a cosmetic sheet to carefully remove the remains of the product.
3. Dry the skin with a cosmetic tissue.
4. Use **Larens Professional Biopeptide Spray**. Leave until dry.

Version 3

1. Apply **Larens Enzymatic Peeling** on the skin of face, neck and decollete. Leave on for approx. 5 minutes. With moist hands perform a massage for another 5 minutes.
2. Use a cosmetic sheet to carefully remove the remains of the product.
3. Dry the skin with a cosmetic tissue.
4. Use **Larens Professional Biopeptide Spray**. Leave until dry.

Phase III (manual skin cleansing)

If needed, perform manual skin cleansing. If there is no such need, proceed directly to the next phase.

*Phase IV (active phase - providing the skin with the **LipoColl Serum PRO**)*

1. Apply **Larens Professional LipoColl Serum PRO** on the skin of the entire face, neck and decollete area.
2. Perform a massage that should not last longer than 10 minutes and should be very delicate, using the stroking movements that are not overly stimulating. Massage only for as long as it takes to massage the product in. Do not use other massage products.

Use delicate and calm massage techniques - the most frequently used action is stroking. The movements should be fluent and delicate to avoid stretching the skin too much. Always massage towards top and sides. Rub small wrinkles and 'crow's feet', making small circles with a light pressure. After that you can use, still delicately, kneading, pressing and gentle finger tips patting movements.

Phase V (consolidating effects)

1. Spread **Larens Professional BIO Renew PRO Tissue Face Mask** and carefully apply the sheet on the skin. Adjust the mask to the face contour. Leave on for 20-30 minutes.
2. Remove the mask. Use fingertips to delicately massage the excess of the gel essence into the skin.

REMEMBER!

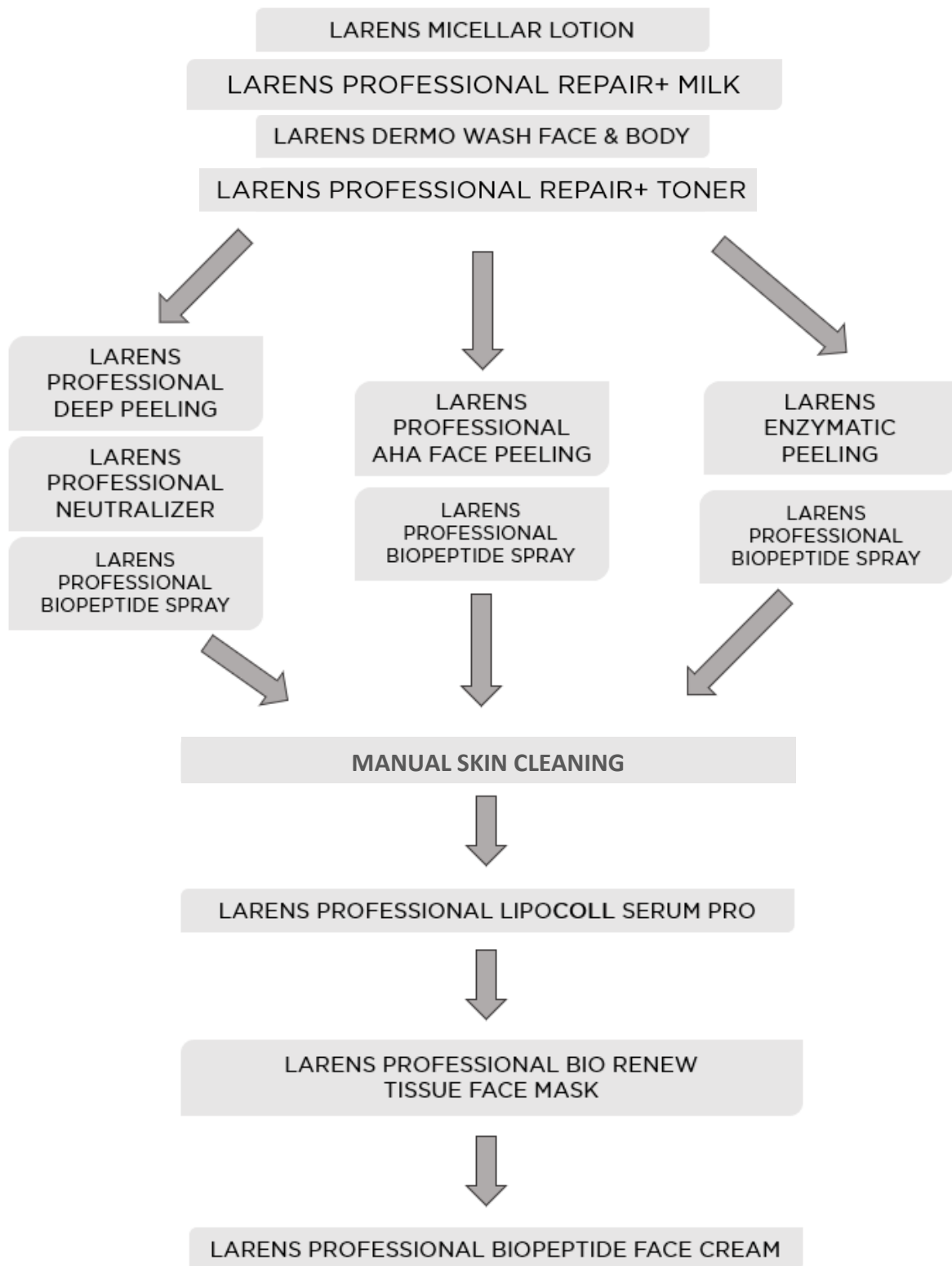
Larens Professional BIO Renew PRO Tissue Face Mask is a mask of regenerating, healing, moisturizing and skin-soothing properties. It contains a complex of bioactive growth hormones from plant BIO-Placenta. They stimulate fibroblasts and capillaries. It is recommended for the skin with static and mimic wrinkles. Thanks to its properties we can nourish all skin types: from dry and dehydrated, to flaccid, lacking elasticity.

Phase VI (securing the skin after the treatment)

Use a spatula to scoop **Larens Professional Biopeptide Face Cream** and apply it on face, neck and decollete. Massage until absorbed.

Treatment results:

- maintains the skin elastic
- improves skin's density
- smoothes the wrinkles and delays creation of the new ones
- elasticates and firms, provides natural face lifting
- improves face contour
- provides an incredible relaxation



LIPOCOLL SERUM PRO

Treatment **WITH THE USE OF APPARATUS** (microneedle mesotherapy, meso-roller, microneedle radiofrequency, derma-pen).

COURSE OF TREATMENT:

Phase I (cleaning the skin of makeup and other dirt)

5. Remove makeup from the face, eye area and lips with a pad soaked with **Larens Micellar Lotion**.
6. With moist hands spread the makeup removing **Larens Professional Repair+ Milk** on face, neck and decollete. With circular movements perform a massage, carefully dissolving the remains of makeup and dirt. Remove the milk with a wet cosmetic sheet.
7. For skin requiring the launch of the DETOX phase (intense cleanse, recommended for thick and greasy skin): with circular movements perform a massage of face, neck and decollete using **Larens Dermo Wash Face & Body**. Emulsify the gel into lightly foaming emulsion. Remove the gel with a wet cosmetic sheet.
8. Wipe the skin of the face, neck and decollete with a pad soaked with **Larens Professional Repair+ Toner**. Use a cosmetic sheet to dry the skin.

Phase II (increasing the epidermis permeability - the choice of options depends on the skin type and its needs)

Version 1

1. Use a brush to apply **Larens Professional Deep Peeling** on the skin of face, neck and decollete, leave it for 2-4 minutes. The scorching sensation that will occur is not a side effect, but a natural skin reaction. Rinse the product with a compress.
2. Apply **Larens Professional Neutralizer** on the treatment areas and leave it on for around 2 minutes. CAUTION! At this stage a larger redness and discomfort may occur. Remove the product with a compress and dry the skin with a cosmetic sheet.
3. Use **Larens Professional Biopeptide Spray**. Leave until dry.

Version 2

1. Use a brush to apply **Larens Professional AHA Face Peeling** on the skin of face, neck and decollete. Leave on skin for 2 minutes. Then, massage the skin deeply for approx. 2-3 minutes. An intense redness may occur - it's a natural reaction of the skin to AHA acids contained in the product.
2. Use a cosmetic sheet to carefully remove the remains of the product.
3. Dry the skin with a cosmetic tissue.
4. Use **Larens Professional Biopeptide Spray**. Leave until dry.

Version 3

1. Apply **Larens Enzymatic Peeling** on the skin of face, neck and decollete. Leave on for approx. 5 minutes. With moist hands perform a massage for another 5 minutes.
2. Use a cosmetic sheet to carefully remove the remains of the product.
3. Dry the skin with a cosmetic tissue.
4. Use **Larens Professional Biopeptide Spray**. Leave until dry.

Phase III (Performing microneedle mesotherapy, microneedle radiofrequency, meso roller or derma-pen).

The treatments of microneedle mesotherapy, microneedle radiofrequency, meso roller and derma-pen can be performed after first spraying the treatment area with **Larens Professional Biopeptide Spray**.

REMEMBER!

Puncture the skin in a way that would not lead to exudation of blood and lymph! Use shorter needles! Microneedle mesotherapy is a non-surgical method of skin revitalization with simultaneous stimulation of its natural regeneration abilities. The unique technology used during the treatment provides the concentrated nourishing ingredients omitting the epidermis barrier. Micropunctures performed with sterile, disposable needles, are responsible for creating thousands of microchannels. They remain open for a short time, providing an opportunity to introduce the chosen product deeply. The epidermis perforation is fully controlled. The minimal microinjuries created during the treatment additionally stimulate skin receptors for intense regenerative processes.

Phase IV (active phase - providing the skin with the LipoColl Serum PRO)

Apply the **Larens Professional LipoColl Serum PRO** on the entire, previously punctured, skin surface (of face, neck and décolleté). Delicately work the product into the skin, until fully absorbed.

Phase V (consolidating effects)

1. Spread **Larens Professional BIO Renew PRO Tissue Face Mask** and carefully apply the sheet on the skin. Adjust the mask to the face contour. Leave on for 20-30 minutes.
2. Remove the mask. Use fingertips to delicately massage the excess of the gel essence into the skin.

REMEMBER!

Larens Professional BIO Renew PRO Tissue Face Mask is a mask of regenerating, healing, moisturizing and skin-soothing properties. It contains a complex of bioactive growth hormones from plant BIO-Placenta. They stimulate fibroblasts and capillaries. It is recommended for the skin with static and mimic wrinkles. Thanks to its properties we can nourish all skin types: from dry and dehydrated, to flaccid, lacking elasticity.

Phase VI (securing the skin after the treatment)

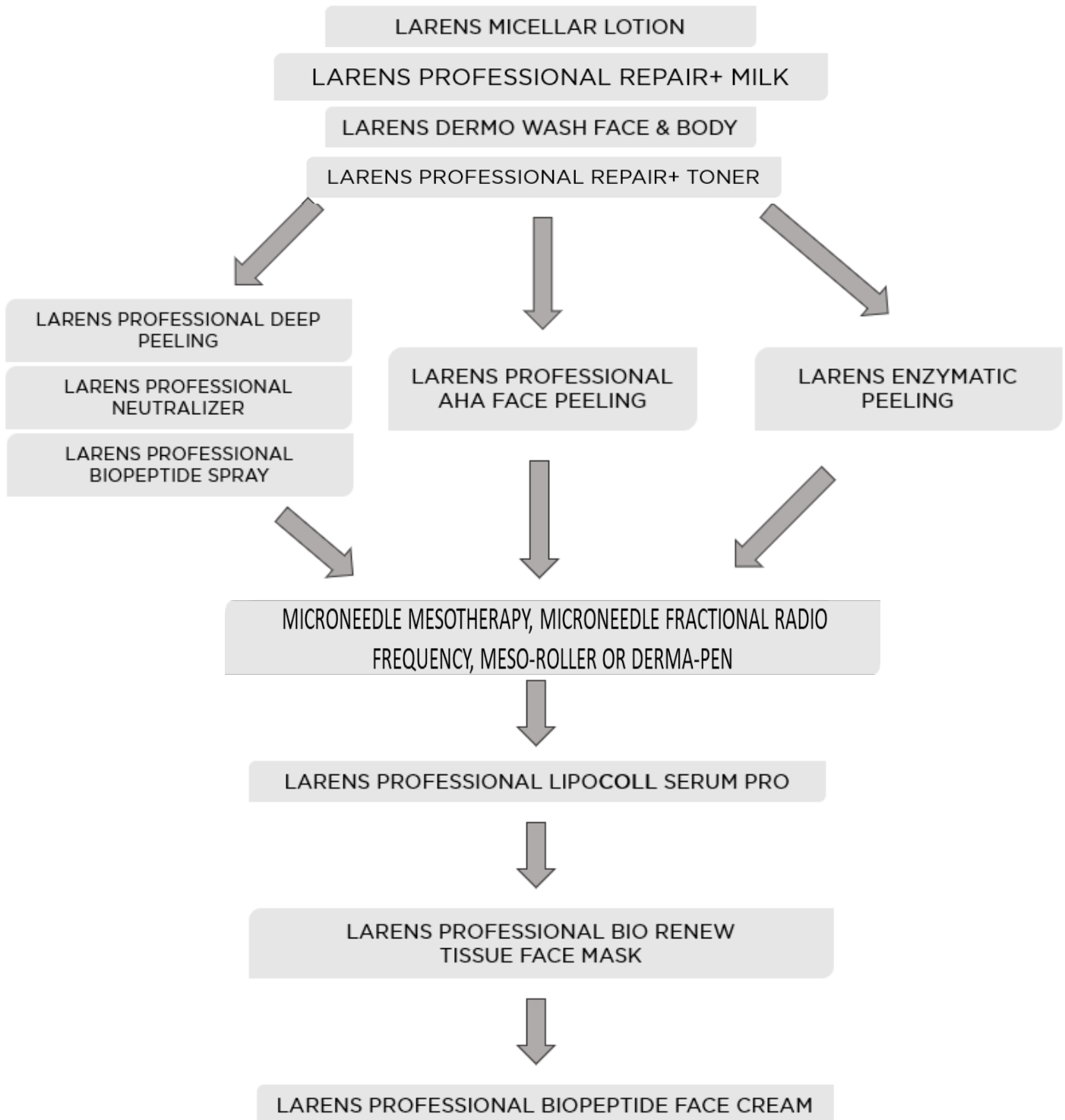
Use a spatula to scoop **Larens Professional Biopeptide Face Cream** and apply it on face, neck and décolleté. Massage until absorbed.

Treatment results:

- enables to achieve the lifting effect,
- improves skin firmness and elasticity,
- shapes the skin contour,
- reduces mimic and static wrinkles,
- stimulates collagen and elastin's production,
- limits sebum secretion,
- makes the skin radiant.

Effects:

- in a short time (approximately 20 minutes) the skin absorbs even up to 90% of the cosmetic product,
- stimulates auto regeneration processes,
- enhances collagen and elastin's production,
- allows a swift return to daily duties, without a need for convalescence,
- effects are visible already after the first treatment.



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ANTI ACNE VIALS

ANTIACNE VIALS

MANUAL treatment, recommended for sensitive, vascular, or acne skin.

COURSE OF TREATMENT:

Phase I (cleaning the skin of makeup and other dirt)

1. Remove makeup from the face, eye area and lips with a pad soaked with **Larens Micellar Lotion**.
2. With moist hands spread the makeup removing **Larens Professional Repair+ Milk** on face, neck and decollete. With circular movements perform a massage, carefully dissolving the remains of makeup and dirt. Remove the milk with a wet cosmetic sheet.
3. For skin requiring the launch of the DETOX phase (intense cleanse, recommended for thick and greasy skin): with circular movements perform a massage of face, neck and decollete using **Larens Dermo Wash Face & Body**. Emulsify the gel into lightly foaming emulsion. Remove the gel with a wet cosmetic sheet.
4. Wipe the skin of the face, neck and decollete with a pad soaked with **Larens Professional Repair+ Toner**. Use a cosmetic sheet to dry the skin.

Phase II (increasing the epidermis permeability - the choice of options depends on the skin type and its needs)

Version 1

1. Use a brush to apply **Larens Professional Deep Peeling** on the skin of face, neck and decollete, leave it for 2-4 minutes. The scorching sensation that will occur is not a side effect, but a natural skin reaction. Rinse the product with a compress.
2. Apply **Larens Professional Neutralizer** on the treatment areas and leave it on for around 2 minutes. CAUTION! At this stage a larger redness and discomfort may occur. Remove the product with a compress and dry the skin with a cosmetic sheet.
3. Use **Larens Professional Biopeptide Spray**. Leave until dry.

Version 2

1. Use a brush to apply **Larens Professional AHA Face Peeling** on the skin of face, neck and decollete. Leave on skin for 2 minutes. Then, massage the skin deeply for approx. 2-3 minutes. An intense redness may occur - it's a natural reaction of the skin to AHA acids contained in the product.
2. Use a cosmetic sheet to carefully remove the remains of the product.
3. Dry the skin with a cosmetic tissue.
4. Use **Larens Professional Biopeptide Spray**. Leave until dry.

Version 3

1. Apply **Larens Enzymatic Peeling** on the skin of face, neck and decollete. Leave on for approx. 4 minutes. With moist hands perform approx. 3 minutes long massage.
2. Use a cosmetic sheet to carefully remove the remains of the product.
3. Dry the skin with a cosmetic tissue.
4. Use **Larens Professional Biopeptide Spray**. Leave until dry.

Phase III (manual skin cleansing)

IMPORTANT! Be careful with vascular and sensitive types of skin, as they require caution during manual cleansing.

Phase IV (active phase - providing the skin with the active substances from the ANTI ACNE VIALS)

- Open a **Larens Professional ANTI ACNE VIALS** vial and apply its content directly to the treatment-prepared skin. Massage and pat the product on the entire treatment area. To enhance the effect, perform a face massage using **Larens Professional Massage Face Cream**.
- Massage should last approx. 15-20 minutes, however it should not be too energetic, stimulating or invigorating to the skin.
- CAUTION! Massage should not be performed if the skin suffers from active acne: pimples and purulent condition.

IMPORTANT!

A vial contains soothing substances such as: Gluconolactone, Antarticine and BIO-Placenta, which also exhibits healing and skin-regenerating properties.

Phase V (consolidating effects and soothing irritations)

Version 1

1. Spread **Larens Professional BIO Renew PRO Tissue Face Mask** and carefully apply the sheet on the skin. Adjust the mask to the face contour. Leave on for 20-30 minutes.
2. Remove the mask. Use fingertips to delicately massage the excess of the gel essence into the skin.

REMEMBER!

Larens Professional BIO Renew PRO Tissue Face Mask is a mask of healing, moisturizing and skin-soothing properties. It contains a complex of bioactive growth hormones from plant BIO-Placenta, which makes it ideal both for greasy, seborrheic skins with vascular issues, as well as dry, dehydrated and resilience-lacking ones.

Version 2

1. Prepare 30 g of the **Larens Professional Aqua Peel Off Mask** algae mask, which should be mixed with cold water (previously prepared structural water can be used). Once a uniform mass is obtained, with a consistency resembling thick cream, use a spatula to apply the mask over the skin of the entire face, securing the eyes first (with a moist pad soaked with **Biopeptide Spray**) and lips (e.g. with **Larens Professional Biopeptide Face Cream**)
2. The mask congeals very quickly, taking away the skin's temperature, providing an immediate irritations and redness reducing effect. After approx. 20 minutes, remove the mask in whole. Use a cosmetic pad to clean the possible mask remains, for example from the face contour.

Version 3

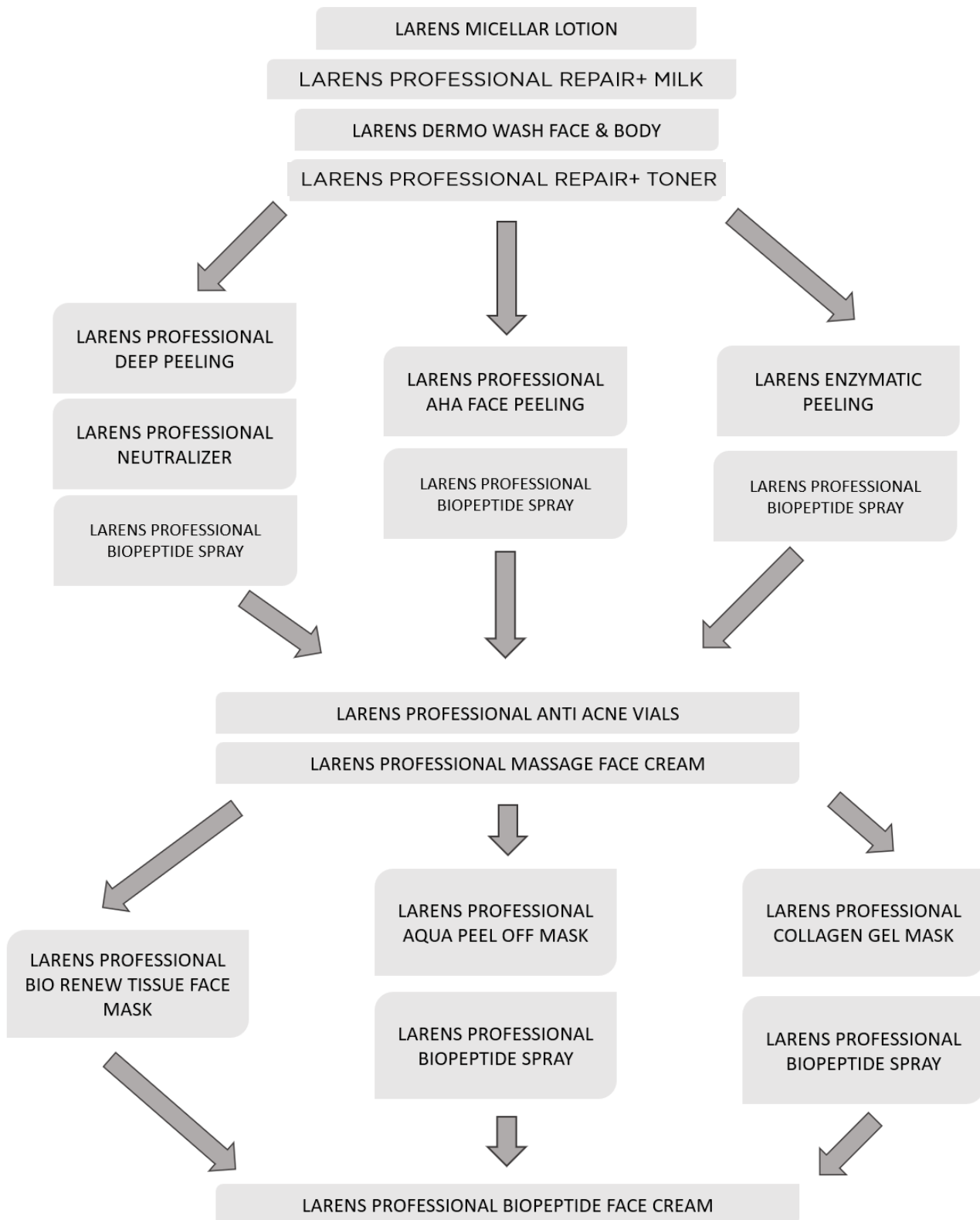
1. Use a cosmetic brush to apply approx. 0,5cm layer of **Larens Professional Collagen Gel Mask** on entire face skin. It will create a protein net on the skin, not only soothing, but also providing an additional effect in the form of intense hydration and maintaining the moisture in the skin.
2. After approx. 20 minutes, rinse the remains of mask with a moist cosmetic sheet. Dry the skin with a cosmetic tissue..
3. Use **Larens Professional Biopeptide Spray**. Leave until dry.

Phase VI (securing the skin after the treatment)

Use a spatula to scoop **Larens Professional Biopeptide Face Cream** and apply it on face, neck and decollete. Massage until absorbed.

Treatment results:

- Reduction in sebum secretion - decreased 'skin shine' effect,
- Cleansed complexion - reduction in the number of blackheads,
- Soothing, nourishing and strengthening the skin,
- Reduction in redness, limited tendency to irritations,
- Limited creation of acne inflammations ('pimples'),
- Decreased problem of acne scars,
- Reduction in post-inflammatory discolourings, evened skin colour.



ANTIACNE VIALS

Treatment **WITH THE USE OF APPARATUS** (oxybrasion, oxygen infusion, microneedle mesotherapy, meso-roller) recommended for sensitive, vascular, or acne skin.

COURSE OF TREATMENT:

Phase I (cleaning the skin of makeup and other dirt)

1. Remove makeup from the face, eye area and lips with a pad soaked with **Larens Micellar Lotion**.
2. With moist hands spread the makeup removing **Larens Professional Repair+ Milk** on face, neck and decollete. With circular movements perform a massage, carefully dissolving the remains of makeup and dirt. Remove the milk with a wet cosmetic sheet.
3. For skin requiring the launch of the DETOX phase (intense cleanse, recommended for thick and greasy skin): with circular movements perform a massage of face, neck and decollete using **Larens Dermo Wash Face & Body**. Emulsify the gel into lightly foaming emulsion. Remove the gel with a wet cosmetic sheet.
4. Wipe the skin of the face, neck and decollete with a pad soaked with **Larens Professional Repair+ Toner**. Use the cosmetic sheet to dry the skin.

Phase II (increasing the epidermis permeability - the choice of options depends on the skin type and its needs)

Version 1

1. Use a brush to apply **Larens Professional Deep Peeling** on the skin of face, neck and decollete, leave it for 2-4 minutes. The scorching sensation that will occur is not a side effect, but a natural skin reaction. Rinse the product with a compress.
2. Apply **Larens Professional Neutralizer** on the treatment areas and leave it on for around 2 minutes. CAUTION! At this stage a larger redness and discomfort may occur. Remove the product with a compress and dry the skin with a cosmetic sheet.

Version 2

1. Use a brush to apply **Larens Professional AHA Face Peeling** on the skin of face, neck and decollete. Leave on skin for 2 minutes. Then, massage the skin deeply for approx. 2-3 minutes. An intense redness may occur - it's a natural reaction of the skin to AHA acids contained in the product.
2. Use a cosmetic sheet to carefully remove the remains of the product.
3. Dry the skin with a cosmetic tissue.

Version 3

1. Apply **Larens Enzymatic Peeling** on the skin of face, neck and decollete. Leave on for approx. 4 minutes. With moist hands perform approx. 3 minutes long massage.
2. Use a cosmetic sheet to carefully remove the remains of the product.
3. Dry the skin with a cosmetic tissue.

Phase III (skin cleansing)

Version 1: Oxybrasion (exfoliating epidermis with oxygen using **Larens Professional Biopeptide Spray**)

Version 2: Cavitation peeling using **Larens Professional Biopeptide Spray**.

Version 3: Diamond microdermabrasion - potential irritations should be soothed **Larens Professional Biopeptide Spray**.

Phase IV (active phase - providing the skin with the active substances from the ANTI ACNE VIALS)

Version 1: Perform oxygen infusion with the use of ANTI ACNE VIALS

Version 2: Perform microneedle mesotherapy accompanied by manual application of the ANTI ACNE VIALS on skin. During one treatment this phase can be repeated.

Version 3: Perform a treatment with the use of a Meso-Roller (microneedle mesotherapy) accompanied by manual application of the ANTI ACNE VIALS on skin. During one treatment this phase can be repeated.

IMPORTANT!

A vial contains soothing substances such as: Gluconolactone, Antarticine and BIO-Placenta, which also exhibits healing and skin-regenerating properties.

Phase V (consolidating effects and soothing irritations)

Version 1

1. Spread **Larens Professional BIO Renew PRO Tissue Face Mask** and carefully apply the sheet on the skin. Adjust the mask to the face contour. Leave on for 20-30 minutes.
2. Remove the mask. Use fingertips to delicately massage the excess of the gel essence into the skin.

REMEMBER!

Larens Professional BIO Renew PRO Tissue Face Mask is a mask of healing, moisturizing and skin-soothing properties. It contains a complex of bioactive growth hormones from plant BIO-Placenta, which makes it ideal both for greasy, seborrheic skins with vascular issues, as well as dry, dehydrated and resilience-lacking ones.

Version 2

1. Prepare 30 g of the **Larens Professional Aqua Peel Off Mask** algae mask, which should be mixed with cold water (previously prepared structural water can be used). Once a uniform mass is obtained, with a consistency resembling thick cream, use a spatula to apply the mask over the skin of the entire face, securing the eyes first (with a moist pad soaked with **Biopeptide Spray**) and lips (e.g. with **Larens Professional Biopeptide Face Cream**)
2. The mask congeals very quickly, taking away the skin's temperature, providing an immediate irritations and redness reducing effect. After approx. 20 minutes, remove the mask in whole. Use a cosmetic pad to clean the possible mask remains, for example from the face contour.

Version 3

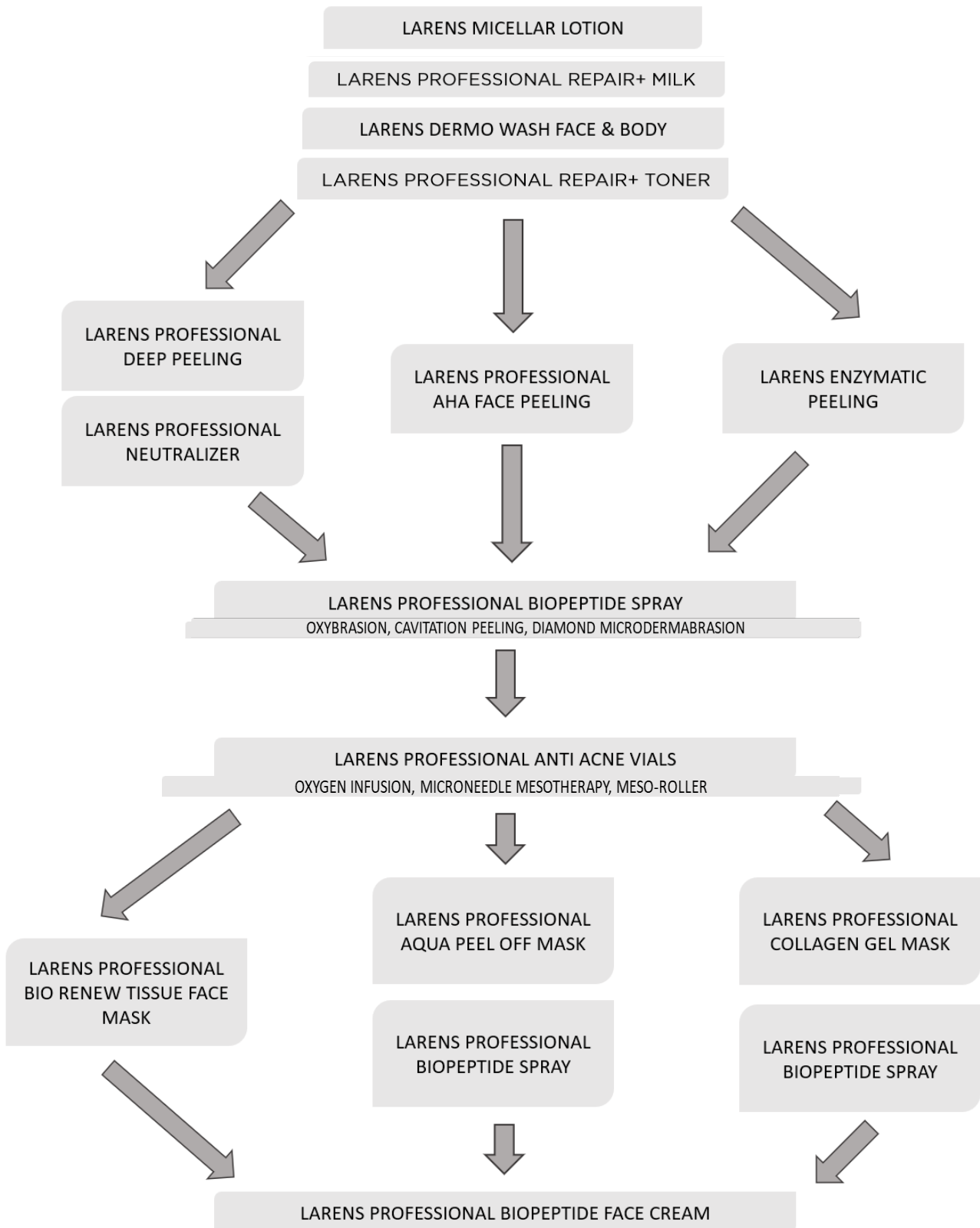
1. Use a cosmetic brush to apply approx. 0,5cm layer of **Larens Professional Collagen Gel Mask** on entire face skin. It will create a protein net on the skin, not only soothing, but also providing an additional effect in the form of intense hydration and maintaining the moisture in the skin.
2. After approx. 20 minutes, rinse the remains of mask with a moist cosmetic sheet. Dry the skin with a cosmetic tissue.
3. Use **Larens Professional Biopeptide Spray**. Leave until dry.

Phase VI (securing the skin after the treatment)

Use a spatula to scoop **Larens Professional Biopeptide Face Cream** and apply it on face, neck and décolleté. Massage until absorbed.

Treatment results:

- Reduction in sebum secretion - decreased 'skin shine' effect,
- Cleansed complexion - reduction in the number of blackheads,
- Soothing, nourishing and strengthening the skin,
- Reduction in redness, limited tendency to irritations,
- Limited creation of acne inflammations ('pimples'),
- Decreased problem of acne scars,
- Reduction in post-inflammatory discolourings, evened skin colour.



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ANTI AGING VIALS

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MANUAL treatment, recommended for all skin types, especially mature skin with visible signs of ageing, mimic and static wrinkles.

COURSE OF TREATMENT:

Phase I (cleaning the skin of makeup and other dirt)

1. Remove makeup from the face, eye area and lips with a pad soaked with **Larens Micellar Lotion**.
2. With moist hands spread the makeup removing **Larens Professional Repair+ Milk** on face, neck and decollete. With circular movements perform a massage, carefully dissolving the remains of makeup and dirt. Remove the milk with a wet cosmetic sheet.
3. For skin requiring the launch of the DETOX phase (intense cleanse, recommended for thick and greasy skin): with circular movements perform a massage of face, neck and decollete using **Larens Dermo Wash Face & Body**. Emulsify the gel into lightly foaming emulsion. Remove the gel with a wet cosmetic sheet.
4. Wipe the skin of the face, neck and decollete with a pad soaked with **Larens Professional Repair+ Toner**. Use a cosmetic sheet to dry the skin.

Phase II (increasing the epidermis permeability - the choice of options depends on the skin type and its needs)

Version 1

1. Use a brush to apply **Larens Professional Deep Peeling** on the skin of face, neck and decollete, leave it for 2-4 minutes. The scorching sensation that will occur is not a side effect, but a natural skin reaction. Rinse the product with a compress.
2. Apply **Larens Professional Neutralizer** on the treatment areas and leave it on for around 2 minutes. CAUTION! At this stage a larger redness and discomfort may occur. Remove the product with a compress and dry the skin with a cosmetic sheet.
3. Use **Larens Professional Biopeptide Spray**. Leave until dry.

Version 2

1. Use a brush to apply **Larens Professional AHA Face Peeling** on the skin of face, neck and decollete. Leave on skin for 2 minutes. Then, massage the skin deeply for approx. 2-3 minutes. An intense redness may occur - it's a natural reaction of the skin to AHA acids contained in the product.
2. Use a cosmetic sheet to carefully remove the remains of the product.
3. Dry the skin with a cosmetic tissue.
4. Use **Larens Professional Biopeptide Spray**. Leave until dry.

Version 3

1. Apply **Larens Enzymatic Peeling** on the skin of face, neck and decollete. Leave on for approx. 4 minutes. With moist hands perform approx. 3 minutes long massage.
2. Use a cosmetic sheet to carefully remove the remains of the product.
3. Dry the skin with a cosmetic tissue.
4. Use **Larens Professional Biopeptide Spray**. Leave until dry.

Phase III (manual skin cleansing)

If needed, perform manual skin cleansing. If there is no such need, proceed directly to the next phase.

Phase IV (active phase - providing the skin with the active substances from the ANTI ACNE VIALS)

- Open a **Larens Professional ANTI AGING VIALS** vial and apply its content directly to the treatment-prepared skin. Massage and pat the product on the entire treatment area. To enhance the effect, perform a face massage using **Larens Professional Massage Face Cream**.
- Massage should last approx. 15-20 minutes and it should be energetic, stimulating and invigorating to the skin and underskin tissues for better performance.
- After a completed massage use a moist cosmetic sheet to remove the excessive cream and use **Larens Professional Biopeptide Spray**. Leave until dry.

IMPORTANT!

Face massage is an incredibly relaxing cosmetic procedure that involves the area of face, neck, decollete, shoulders and nape. It stimulates the smoothing of the wrinkles under the eyes, in the forehead area, paranasal furrows, labial furrows. It decreases the visibility of the wrinkles such as 'marionette lines' and the wrinkles in the mouth corners. A lifting face massage is a anti-ageing type of massage that additionally stops the ageing processes, increases skin firmness, resilience and elasticity. It improves the circulation of blood and lymph, stimulating the cellular regeneration and restoring the complexion with a youthful radiance and healthy looks. Regularly applied face massage provides incredible and long-lasting effects in the form of natural lifting, wrinkle reduction, smoothed skin and improved skin density!

Phase V (consolidating effects and soothing irritations)

Version 1

1. Spread **Larens Professional BIO Renew PRO Tissue Face Mask** and carefully apply the sheet on the skin. Adjust the mask to the face contour. Leave on for 20-30 minutes.
2. Remove the mask. Use fingertips to delicately massage the excess of the gel essence into the skin.

REMEMBER!

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Version 2

3. Prepare 30 g of the **Larens Professional Aqua Peel Off Mask** algae mask, which should be mixed with cold water (previously prepared structural water can be used). Once a uniform mass is obtained, with a consistency resembling thick cream, use a spatula to apply the mask over the skin of the entire face, securing the eyes first (with a moist pad soaked with **Biopeptide Spray**) and lips (e.g. with **Larens Professional Biopeptide Face Cream**)
4. The mask congeals very quickly, taking away the skin's temperature, providing an immediate irritations and redness reducing effect. After approx. 20 minutes, remove the mask in whole. Use a cosmetic pad to clean the possible mask remains, for example from the face contour.

Version 3

1. Use a cosmetic brush to apply approx. 0,5cm layer of **Larens Professional Collagen Gel Mask** on entire face skin. It will create a protein net on the skin, not only soothing, but also providing an additional effect in the form of intense hydration and maintaining the moisture in the skin.
2. After approx. 20 minutes, rinse the remains of mask with a moist cosmetic sheet. Dry the skin with a cosmetic tissue..
3. Use **Larens Professional Biopeptide Spray**. Leave until dry.

Version 4

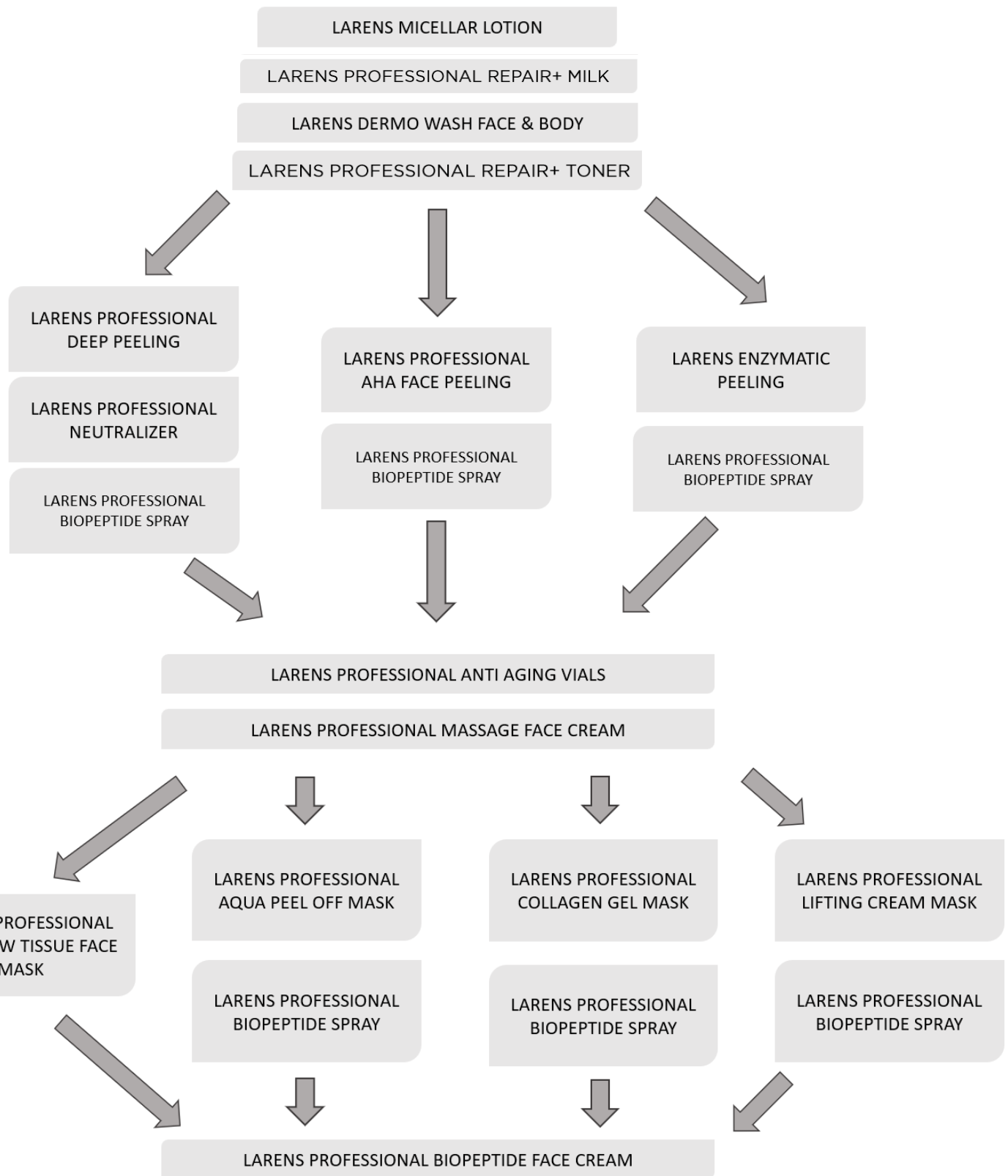
1. Use a cosmetic brush to apply approx. 0,5cm layer of **Larens Professional Lifting Cream Mask** on entire face skin.
2. You can perform a manual massage which will magnify the lifting effect (only if you haven't already performed a massage with a cream that was meant for that purpose). After approx. 20 minutes rinse the remains of the mask with a moist cosmetic sheet. After a completed massage dry the skin with cosmetic tissue.
3. Use **Larens Professional Biopeptide Spray**. Leave until dry.

Phase VI (securing the skin after the treatment)

Use a spatula to scoop **Larens Professional Biopeptide Face Cream** and apply it on face, neck and decollete. Massage until absorbed.

Treatment results:

- Keeps the skin and muscles elastic,
- Smooths the wrinkles, postpones the creation of new ones,
- Tons and firms, provides natural face lifting,
- Improves face contour,
- Improves metabolic processes in stratum basale, facilitating regeneration of damaged epidermis cells,
- Provides an incredible relaxation



ANTIAGING VIALS

Treatment **WITH THE USE OF APPARATUS** (oxybrasion, oxygen infusion, microneedle mesotherapy, meso-roller) recommended for all skin types, especially mature skin with visible signs of ageing, mimic and static wrinkles.

COURSE OF TREATMENT:

Phase I (cleaning the skin of makeup and other dirt)

1. Remove makeup from the face, eye area and lips with a pad soaked with **Larens Micellar Lotion**.
2. With moist hands spread the makeup removing **Larens Professional Repair+ Milk** on face, neck and decollete. With circular movements perform a massage, carefully dissolving the remains of makeup and dirt. Remove the milk with a wet cosmetic sheet.
3. For skin requiring the launch of the DETOX phase (intense cleanse, recommended for thick and greasy skin): with circular movements perform a massage of face, neck and decollete using **Larens Dermo Wash Face & Body**. Emulsify the gel into lightly foaming emulsion. Remove the gel with a wet cosmetic sheet.
4. Wipe the skin of the face, neck and decollete with a pad soaked with **Larens Professional Repair+ Toner**. Use the cosmetic sheet to dry the skin.

Phase II (increasing the epidermis permeability - the choice of options depends on the skin type and its needs)

Version 1

1. Use a brush to apply **Larens Professional Deep Peeling** on the skin of face, neck and decollete, leave it for 2-4 minutes. The scorching sensation that will occur is not a side effect, but a natural skin reaction. Rinse the product with a compress.
2. Apply **Larens Professional Neutralizer** on the treatment areas and leave it on for around 2 minutes. CAUTION! At this stage a larger redness and discomfort may occur. Remove the product with a compress and dry the skin with a cosmetic sheet.

Version 2

1. Use a brush to apply **Larens Professional AHA Face Peeling** on the skin of face, neck and decollete. Leave on skin for 2 minutes. Then, massage the skin deeply for approx. 2-3 minutes. An intense redness may occur - it's a natural reaction of the skin to AHA acids contained in the product.
2. Use a cosmetic sheet to carefully remove the remains of the product.
3. Dry the skin with a cosmetic tissue.

Version 3

1. Apply **Larens Enzymatic Peeling** on the skin of face, neck and decollete. Leave on for approx. 4 minutes. With moist hands perform approx. 3 minutes long massage.
2. Use a cosmetic sheet to carefully remove the remains of the product.
3. Dry the skin with a cosmetic tissue.

Phase III (skin cleansing)

Version 1: Oxybrasion (exfoliating epidermis with oxygen using **Larens Professional Biopeptide Spray**)

Version 2: Cavitation peeling using **Larens Professional Biopeptide Spray**.

Version 3: Diamond microdermabrasion - potential irritations should be soothed **Larens Professional Biopeptide Spray**.

Phase IV (active phase - providing the skin with the active substances from the ANTI AGING VIALS)

Version 1: Perform oxygen infusion with the use of ANTI AGING VIALS

Version 2: Perform microneedle mesotherapy accompanied by manual application of the ANTI AGING VIALS on skin. During one treatment this phase can be repeated.

Version 3: Perform a treatment with the use of a Meso-Roller (microneedle mesotherapy) accompanied by manual application of the ANTI AGING VIALS on skin. During one treatment this phase can be repeated.

Phase V (consolidating effects and soothing irritations)

Version 1

1. Spread **Larens Professional BIO Renew PRO Tissue Face Mask** and carefully apply the sheet on the skin. Adjust the mask to the face contour. Leave on for 20-30 minutes.
2. Remove the mask. Use fingertips to delicately massage the excess of the gel essence into the skin.

REMEMBER!

Larens Professional BIO Renew PRO Tissue Face Mask is a mask of regenerating, healing, moisturizing and skin-soothing properties. It contains a complex of bioactive growth hormones from plant BIO-Placenta. They stimulate fibroblasts and capillaries. It is recommended for the skin with static and mimic wrinkles. Thanks to its properties we can nourish all skin types: from dry and dehydrated, to flaccid, lacking elasticity.

Version 2

5. Prepare 30 g of the **Larens Professional Aqua Peel Off Mask** algae mask, which should be mixed with cold water (previously prepared structural water can be used). Once a uniform mass is obtained, with a consistency resembling thick cream, use a spatula to apply the mask over the skin of the entire face, securing the eyes first (with a moist pad soaked with **Biopeptide Spray**) and lips (e.g. with **Larens Professional Biopeptide Face Cream**)
6. The mask congeals very quickly, taking away the skin's temperature, providing an immediate irritations and redness reducing effect. After approx. 20 minutes, remove the mask in whole. Use a cosmetic pad to clean the possible mask remains, for example from the face contour.

Version 3

1. Use a cosmetic brush to apply approx. 0,5cm layer of **Larens Professional Collagen Gel Mask** on entire face skin. It will create a protein net on the skin, not only soothing, but also providing an additional effect in the form of intense hydration and maintaining the moisture in the skin.
2. After approx. 20 minutes, rinse the remains of mask with a moist cosmetic sheet. Dry the skin with a cosmetic tissue..
3. Use **Larens Professional Biopeptide Spray**. Leave until dry.

Version 4

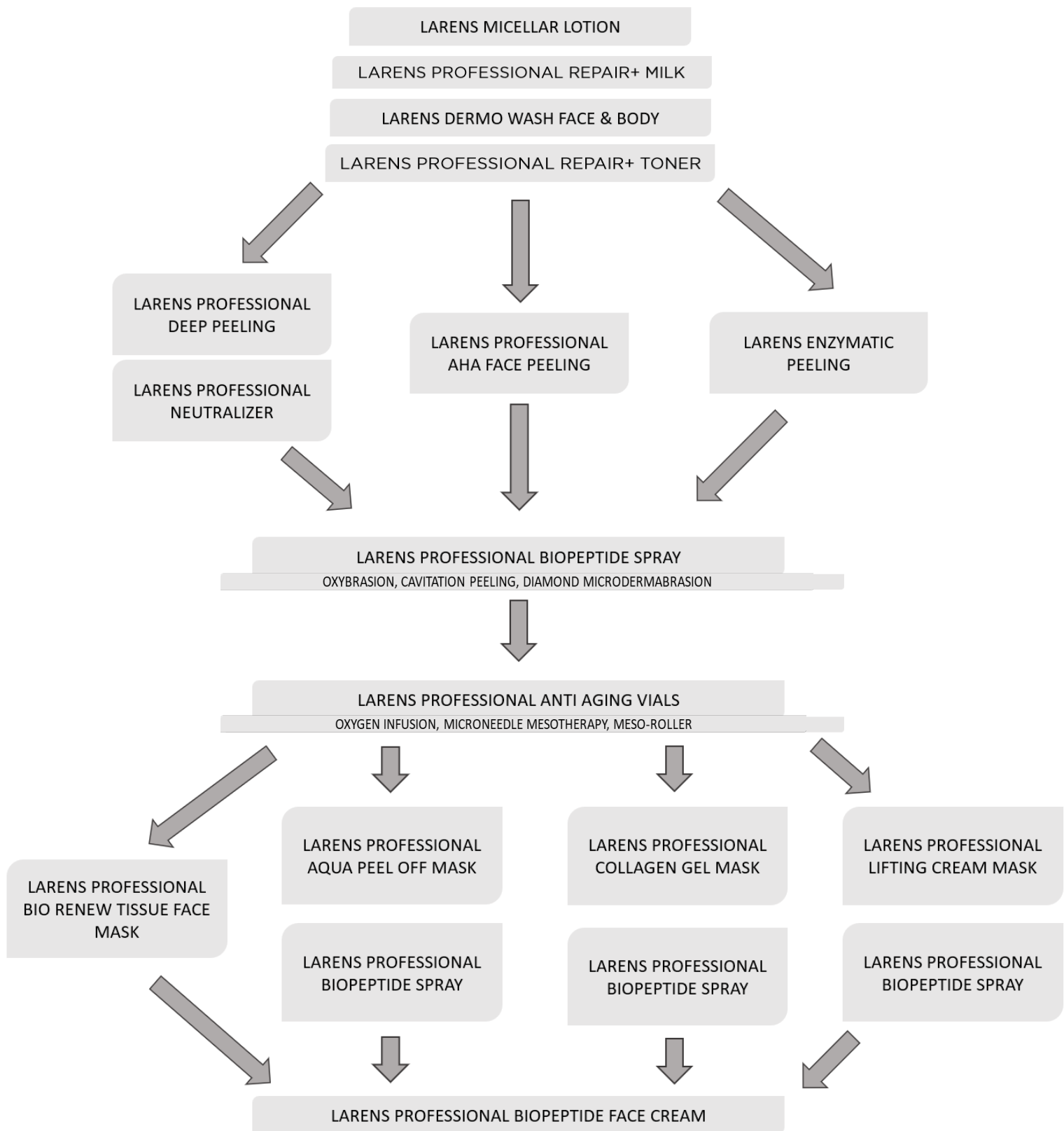
1. Use a cosmetic brush to apply approx. 0,5cm layer of **Larens Professional Lifting Cream Mask** on entire face skin.
2. You can perform a manual massage which will magnify the lifting effect (only if you haven't already performed a massage with a cream that was meant for that purpose). After approx. 20 minutes rinse the remains of the mask with a moist cosmetic sheet. After a completed massage dry the skin with cosmetic tissue.
3. Use **Larens Professional Biopeptide Spray**. Leave until dry.

Phase VI (securing the skin after the treatment)

Use a spatula to scoop **Larens Professional Biopeptide Face Cream** and apply it on face, neck and decollete. Massage until absorbed.

Treatment results:

- Keeps the skin and muscles elastic,
- Smooths the wrinkles, postpones the creation of new ones,
- Tons and firms, provides natural face lifting,
- Improves face contour,
- Improves metabolic processes in stratum basale, facilitating regeneration of damaged epidermis cells,
- Provides an incredible relaxation



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BIORENEW LARENS PRO LIFT

BIORENEW LARENS PRO LIFT

Manual treatment recommended for mature skin, with visible signs of ageing.

COURSE OF TREATMENT:

Phase I (cleaning)

1. Use a cosmetic pad soaked in **Larens Micellar Lotion** to carefully remove makeup from the eye area and lips. Make sure not to leave even a little bit of mascara.
2. Use wet hands to apply a makeup removing **Larens Professional Repair+ Milk** on face, neck and cleavage. With circular movements massage the skin dissolving makeup and dirt.
3. Damp a cosmetic towel with warm water and remove the milk together with the dirt. Repeat until the skin is clean.
4. With a pad soaked in **Larens Professional Repair+ Toner** wipe the skin of the face, skin and cleavage. You can also wet your hands with the toner and apply it in "compresses" on the treatment area.
5. Use a cosmetic tissue to get the skin dry.

Phase II (exfoliation)

1. Apply **Larens Professional Deep Peeling** on the skin of your face and leave it between 2 and 4 minutes, depending on your skin's predisposition. Burning that occurs, there is a side effect, and the natural reaction of the skin.
2. Wash the scrub with a compress.
3. Apply the **Larens Professional Neutralizer** to treatment parts and leave for about 2 minutes. Attention! At this stage, more redness and discomfort may occur.
4. Wash product with a compress and dry the skin with a cosmetic tissue.

Phase III (activation)

1. Take some **Larens Professional Biopeptide Active Cocktail** into your hands. Spread it on the surface of the face, neck and cleavage. After that, continue application with stamping movements until the serum stops sticking to hands. Properly absorbed serum will grant the skin firm and smooth looks. It takes approximately 5-8 min.
2. Take **Larens Professional Massage Oil** and perform a face, neck and cleavage massage, focusing on the modelling movements.
3. After the massage, remove the oil with a cosmetic tissue dampened with warm water.

Phase IV (consolidation)

1. Unfold the **Larens Professional BIO Renew PRO Tissue Face Mask**. Carefully place the tissue on the skin. Adjust the mask to face contours. Leave for 20 minutes.
2. Remove the mask. Gently massage the excessive gel essence into the skin with the fingertips.
3. If necessary, dry the skin with cosmetic tissue.
4. Use a spatula to draw around 1ml of **Larens Professional Lifting Cream Mask** and apply it to the face, neck, and cleavage. Massage until absorbed.

Phase V (ending)

1. Discuss with the client how do they feel about the treatment and its results.
2. Inform the client about the post-treatment recommendations:
 - × Do not wash the skin for at least 3 hours after the treatment.
 - × On the day of the treatment do not perform so-called dirty jobs.
 - × Do not apply makeup on the day of the treatment.
 - × For the following 10 days do not exfoliate the skin included in the treatment.
 - × For the following week avoid sauna and sudden temperature changes.
 - × For the following 14 days avoid tanning salons and sun bathing.
3. Remember to write down the “prescription” together with the recommendation of the adequate home skin care with Larens cosmetics and the suggestion for continuing the therapy in the salon.

Effects:

- Improves skin firmness
- Evens skin colouring
- Regenerates the skin and stimulates it to produce collagen and elastin
- Perfect as a pre-party treatment
- Has “progressive” properties – in addition to the immediate post-treatment effect, results enhance during the following 2-3 days



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THE SECRET OF ETERNAL YOUTH

LARENS

THE SECRET OF ETERNAL YOUTH

MANUAL treatment, recommended for all skin types, especially mature skin with visible signs of ageing, dehydrated, tired. Perfect for so-called 'smoker's skin'.

COURSE OF TREATMENT:

Phase I (cleaning)

1. With a pad soaked with **Larens Micellar Lotion** carefully remove makeup of the eye area and makeup from lips. Remember not to leave even a trace of mascara.
2. With moist hands spread the makeup removing **Larens Professional Repair+ Milk** on face, neck and décolleté. With circular movements perform a massage, carefully dissolving the remains of makeup and dirt.
3. Moist a cosmetic sheet with warm water and remove the milk together with dirt. Repeat that until the skin is clear.
4. With a pad soaked in **Larens Professional Repair+ Toner** wipe the skin of the face, neck and décolleté. You can moist your hands with a toner and apply it in "compresses" on the treatment area.
5. Dry the skin with a cosmetic tissue.

Phase II (exfoliation)

1. Use a brush to apply **Larens Professional Aha Face Peeling** on the face skin and leave it for approx. 2 minutes, depending on the predispositions of the client's skin. The scorching sensation that will occur is not a side effect, but a natural skin reaction. After the time passes, massage the skin once again, for 1 minute, with delicate, circular movements.
2. Remove the peeling with a compress.
3. Spray the **Larens Professional Biopeptide Spray** on the already cleaned skin of the face, neck and décolleté and leave it until dry. Do not rinse. After spraying the serum, your client should feel a relief and decreased tension.

Phase III (activation)

1. Scoop **Larens Professional Biopeptide Active Cocktail** with your hands. Spread it on the surface of the face, neck and décolleté. Then continue the application with a stamping movements, for as long as it takes for the serum to stop sticking to your hands. Properly absorbed serum will provide the skin with a tight, smoothed look. It takes approx. 5-8 min.
2. Put a required amount (approx. 10 - 20ml) of **Larens Professional Collagen Gel Mask** into a bowl and use a brush to spread it on the treatment area.
3. Secure client's eyes with cosmetic pads soaked in a toner.
4. Leave on for 15 min.
 5. After this time remove the remains of the mask with water. Tone the skin.

Phase IV (consolidation)

1. Scoop and spread **Larens Professional Massage Face Cream**. Perform a massage with a particular emphasis on lifting movements.
2. After the massage, rinse the skin with water and tone it.

3. Use a spatula to scoop approx. 10 ml of the **Larens Professional Lifting Cream Mask** and apply it on the face, neck and decollete. Leave on for 15 – 20 min. The remains of the mask can be gathered with a tissue or massaged until absorption.

Phase V (concluding the treatment)

1. Discuss with the client their feedback and treatment's results.
2. Inform the client regarding the post-treatment recommendations:
 - × Do not rinse the skin for at least 3 hours after the treatment.
 - × On the day of the treatment avoid performing so-called 'dirty tasks'.
 - × On the day of the treatment do not apply makeup.
 - × For the following 10 days do not do peeling on the skin affected with the treatment.
 - × For a week avoid sauna and sudden temperature changes.
 - × For 14 days avoid tanning salons and sunbathing.
3. Remember to write the 'prescription' with directions for the home care with Larens cosmetics, as well as recommendations for further professional therapy in the salon.

Treatment results:

- Deeply nourishes and moisturizes the skin
- Strongly regenerates and stimulates the production of collagen and elastin
- Improves microcirculation
- Accelerates skin metabolism

